

EVMORFIA KOUKIA

CURRENT POSITION: Associate Professor in Psychiatric/Mental Health Nursing,
School of Health Sciences
Department of Nursing,
University of Athens, Greece.

SECTOR: Mental Health and Behavioural Sciences, Nursing

**LABORATORY/CLINIC/
INSTITUTE:** National and Kapodistrian University of Athens, Greece
Community Mental Health Center

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TEACHING

Undergraduate

1. Psychiatric - Mental Health Nursing (independent teaching) – 6th semester
2. Liaison Mental Health Nursing (co-teaching) – 7th semester

Postgraduate

1. Special Themes in Psychiatric Nursing (independent teaching) – 2nd semester – Mental health Program
2. Introduction of Psychopathology of Children and Adolescence (independent teaching) - 2nd semester - Mental health Program

EDUCATION

<u>Institution</u>	<u>Degree</u>	<u>Dates</u>	<u>Major</u>
University of Athens Faculty of Nursing Greece	Bachelor of Science	1991-1995	Nursing
University of Athens Faculty of Nursing Greece	Master of Science	1995-1998	Mental Health
University of Athens Faculty of Nursing Greece	Doctoral degree	1999-2003	Mental Health

PATES – SELETE Bachelor of Education 1999-2000 Education
Educational Technological
School, Athens, Greece

CLINICAL - PSYCHOTHERAPEUTIC AND POSTGRADUATE TRAINING

Greece

- 2002 – 2003** Cognitive Psychotherapy
University Mental Health Research Institute
- 2002 – 2003** Clinical Supervision in Systemic Psychotherapy
Family Therapy Unit
Mental Health Hospital “Dafni”
- 2001 - 2002** Adolescent Medicine Course
Greek Society for Adolescent Medicine
- 2001-2002** Family Psychoeducation of Patient with Schizophrenia
SOPSY (Pan-Hellenic Association of families for Mental Health) Athens,
Greece
- 1996 - 1997** Clinical Training in Child Psychiatry
Children Hospital “St Sofia”
Psychiatric unit
- 1996 – 1997** Clinical Training in Adult Psychiatry and Deinstitutionalization
Hospice “Thetis”
Holargos, Athens

International

- 1994 – 1995** “Clinical research methods:
Care of women with breast cancer and their families”
University of Athens, Greece
Prof. Carol Hoskins, PhD RN, New York University, USA
- 1993 - 1994** “Clinical Decision Making within the framework of Nursing Process”
University of Athens, Greece
Prof. Shirley Dooling, EdD RN,
Dean University of Creighton

RESEARCH INTERESTS

- a. Mental Health and Psychiatric Nursing
- b. Stress management, Burden and PTSD in working environments
- c. Internet Addiction
- d. Smoking and Health Professionals
- e. Violence in Working Environment
- f. Nursing Education

RESEARCH PROGRAMMES

1. Joint action of Dementia 2015-2018 European Commission
2. Continuing education of Psychiatric Nurses in Community Mental health nursing (ELKE code 11367 - EKPA)
3. Knowledge and attitudes of Psychiatric Nurses working in Mental health Hospitals in addition to energetic and pathetic smoking. (ELKE code 11103 – EKPA)
4. Internet usage and Psychiatric symptoms to students (ELKE – Kapodistrias)
5. WPA/Vocational training community based Psychiatric Nursing – (LifeLong Learning Programme Leonardo Program)
6. Further training of outpatient Psychiatric Nursing-care providers in Greece» WPA2/Multilateral Transfer of Innovation. (European Commission).

SCIENTIFIC PUBLICATIONS

1. **Koukia E.** & Papatriantafyllou JD. (2018) Further Training, Educational Needs and Work Challenges of Mental health Nurses in Greece before the Completion of the Psychiatric Reform. Journal of Psychiatric and Mental Health Nursing 3(2), 1-7
2. **Koukia E.** (2018). Massive multiplayer online vs. tabletop playing games. Is there a difference in “game addiction”? Mental Health and Addiction Research 3(1), 1-6. doi: 10.15761/MHAR.1000154
3. Kourakos M., Saridi M., Kafka Th., Rekleli M., Souliotis K., Brokalaki, **Koukia E.** (2017) Factors Affecting Mental health Patients; Behaviors and Attitudes Regarding Smoking Asian Pacific Journal of Cancer Prevention 18, 1991-1997
4. Prokofieva M., **Koukia E.**, Dikeos D. (2016) Mental health Nursing in Greece: Nursing Diagnosis and Interventions in Major Depression Issues in Mental Health Nursing 37(8), 556-562
5. Kourakos M., Kalokairinou A, Zyga S., **Koukia E.** (2016) Views and Attitudes of Patients in Mental Facilities Regarding Smoking Global Journal of Health Sciences 8 (8), 228- 242
6. Kourakos M & **Koukia E.** (2014) A study of Patients’ Smoking Habits in a Psychiatric Hospital International Journal of Caring Sciences 7(2), 592- 601

BOOKS

1. **Koukia E.** Foundations of Psychiatric Mental Health Nursing. Broken Hill Publishers LTD 2nd edition 2018
2. Behrakis PK, **Koukia E.**, Stathopoulos Th. Smoking: Nursing Process 2018 BRFAA Academy of Athens
3. **Koukia E.** in Brimblecombe N. and Nolan P. Mental Health Services in Europe. Radcliffe Publishing London United Kingdom 2012

ORGANIZATIONAL AND ADMINISTRATIVE ACTIVITIES

1. Member of the Mental Health Sector of ENE
2. President of the Examination Committee of Psychiatric Nursing Specialty

MEMBERSHIP IN SCIENTIFIC and PROFESSIONAL ASSOCIATIONS

1. Hellenic Nurses' Association (ENE)
2. President of the Committee for the Classification and Description of Nursing Intervention (ENE)
3. National Committee of Nursing (ESAN) of the Ministry of Health (2 years)
4. President of the Committee of Psychiatric Specialty
5. Hellenic National Association of Nurses (ESNE)
6. Member of the Mental Health Nursing section of the ESNE
7. Hellenic Society of Nursing Studies
8. Pan-Hellenic Association of Families for Mental Health
9. Greek branch of World Association for Psychosocial Rehabilitation

HONORARY AWARDS

1. Hellenic State Scholarships Foundation

Scholarship for Doctoral Studies in Clinical Nursing/Mental Health (2000-2003)

2. Award for best research presentation at the 24th National Conference of Perioperative Nursing. Patelarou A., Dafermos B., Brokalaki H., Melas Chr., Koukia E. "Readiness in the implementation of evidenced-based practice. Can it be measured?" (Porto-Heli, Greece 2013)